

Chicken Parmesan Sandwiches

Fruits & Vegetables

- Little Gem or Small Romaine Heart (1)
- Carrot (1)
- Red Onion (1/4)
- Cucumber (1/2)

Meat & Dairy

- Chicken Breasts (2)
- Shredded Low-Moisture Whole Milk Mozzarella (1/2 cup)
- Parmesan Cheese (1/3 cup)

Condiments

- Olive Oil (3 Tbsp)
- Mayonnaise (5 Tbsp)
- Red Wine Vinegar (2 Tbsp)
- Olive Oil Spray

Spices & Seasonings

- Oregano (1 ½ tsp)
- Basil (1 tsp)
- Garlic Powder (3/4 tsp)
- Onion Powder (1/4 tsp)
- Salt (1 ½ tsp)
- Black Pepper (1 ½ tsp)

Dry & Canned Goods

- Marinara (1 small jar)
- Panko Breadcrumbs (3/4 cup)
- Regular Breadcrumbs (1/2 cup)
- Banana Peppers
- Olives
- French or Hoagie Roll (1-2)

Cocktail Ingredients

For 2 cocktails

- Aperol (4 oz)
- Gin (2 oz)
- Prosecco (6 oz)
- Lemons (1-2)
- Fresh Basil Leaves (2)
- Soda Water (splash)