PANKO-CRUSTED SALMON

Fruits & Vegetables

- Carrots (5 to 6 medium to large)
- Parsnips, optional (2)
- Yellow Onion (1)
- Lemons (2)
- Garlic (2 cloves)

Meat & Dairy

- Salmon Fillet (1 lb)
- Greek Yogurt (1 cup)

Condiments

- Olive Oil (1/2 cup)

Spices & Seasonings

- Salt
- Black Pepper
- Garlic Powder

Canned & Dry Goods

- Panko Breadcrumbs (1 cup)

Cocktail Ingredients

For 2 cocktails

- Gin (3 oz)
- Lillet Blanc (2 oz)
- Grapefruit (1, for 4 oz juice)
- Elderflower Liqueur (1/2 oz)
- Lemon Bitters
- Grapefruit or Lemon, for garnish