

# Chicken

## Cordon Bleu

### Fruits & Vegetables

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- Broccoli (1-2 heads)
- Green Onions (1 bunch )
- Italian Parsley (1 bunch)
- Shallot (1)
- Garlic (2 cloves)
- Lemon (1)
- Mint (1/4 cup)

### Meat & Dairy

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- Chicken breasts (2)
- Thinly sliced ham (4 pieces)
- Gruyère cheese (4 oz)
- Parmesan cheese (6 Tbsp)
- Butter (6 Tbsp)
- Eggs (2)

### Spices & Seasonings

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- Thyme, dried (1/2 tsp)
- Garlic Powder (1 tsp)
- Salt (1 ½ tsp)
- Black Pepper (1 ½ tsp)

### Dry Goods

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- Panko breadcrumbs (1 cup)
- Flour (¾ cup)
- White or brown rice (1 cup)
- Sliced almonds (½ cup)

### Condiments

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- Chicken broth (1½ cups)
- Dijon mustard (1½ Tbsp)

### Cocktail Ingredients

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- Vodka (3 oz)
- Aperol (1½ oz)
- Lemons (2-3)
- Simple syrup (1 oz)
- Rhubarb or orange bitters (to taste)
- Egg whites (2)