

Crispy Tempeh

Sesame Ginger Salad

Fruits & Vegetables

- Napa cabbage (1 small head)
- Red cabbage (1 small head)
- Shredded carrots (1–2 cups)
- Red bell pepper (1)
- Green onions (1 bunch)
- Garlic (2 cloves)
- Fresh ginger (1 small knob)
- Lime (1)
- Lemon (1)

Fruits & Veggies (cont)

- Cilantro (1 small bunch, optional)
- Mint (1 small bunch,

Meat & Dairy

- Tempeh (1 block)
- Milk or non-dairy milk (1 tbsp)

Condiments

- Soy sauce (1/4 cup + 1 tbsp)
- Coconut aminos (2–3 tbsp)
- Dijon mustard (1 tsp)
- Maple syrup (3 tbsp total)
- Neutral oil for frying (1/3–1/2 cup)
- White miso (1 tsp)

Spices & Seasonings

- Chili powder (1/2 tsp)
- Sweet paprika (1/4 tsp)
- Garlic powder (1/4 tsp)
- Turmeric (1/8 tsp)
- Cayenne (pinch)
- Salt
- Black pepper

Dry & Canned Goods

- Raw cashews (1/3 cup)
- Sesame seeds (2 tsp)
- Wonton wrappers (1 package)

Cocktail Ingredients

For 2 cocktails

- Blanco tequila (4 oz)
- Carrot juice (2 oz)
- Limes (2-3)
- Honey (1/4 cup)
- Gingerroot
- Candied ginger, optional